# Super Good Cookies For Kids: A Step-by-Step Guide to Making Delicious and Nutritious Treats



#### Super Good Cookies for Kids by Marguerite Henry

★★★★ 4.8 out of 5
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Screen Reader : Supported
Print length : 162 pages



Looking for a fun and easy way to make delicious and nutritious cookies for your kids? Look no further! This step-by-step guide will teach you how to make super good cookies that your kids will love. With simple ingredients and a little bit of time, you can create a batch of cookies that are both tasty and wholesome.

## **Ingredients**

- 1 cup (2 sticks) unsalted butter, softened
- 3/4 cup granulated sugar
- 3/4 cup packed light brown sugar
- 1 large egg
- 1 teaspoon vanilla extract
- 2 1/4 cups all-purpose flour

- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup semisweet chocolate chips
- 1 cup chopped nuts (optional)

#### **Instructions**

- 1. Preheat oven to 375 degrees F (190 degrees C).
- 2. Line a baking sheet with parchment paper.
- 3. In a large bowl, cream together the butter, granulated sugar, and brown sugar until light and fluffy.
- 4. Beat in the egg and vanilla extract.
- 5. In a separate bowl, whisk together the flour, baking soda, and salt.
- 6. Add the dry ingredients to the wet ingredients and mix until just combined.
- 7. Stir in the chocolate chips and nuts, if desired.
- 8. Drop the dough by rounded tablespoons onto the prepared baking sheet, spacing them about 2 inches apart.
- 9. Bake for 10-12 minutes, or until the edges are golden brown and the centers are set.
- 10. Let the cookies cool on the baking sheet for a few minutes before transferring to a wire rack to cool completely.

# **Tips**

- For a chewier cookie, bake for 12-14 minutes.
- For a crispier cookie, bake for 10-12 minutes.
- If you don't have parchment paper, you can grease the baking sheet with butter or cooking spray.
- You can add any other ingredients you like to these cookies, such as raisins, dried cranberries, or chopped apricots.
- These cookies can be stored in an airtight container at room temperature for up to 3 days.

## **Enjoy!**

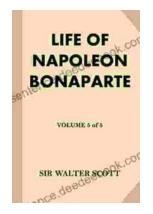
These super good cookies are the perfect treat for kids of all ages. They're delicious, nutritious, and easy to make. So what are you waiting for? Give them a try today!



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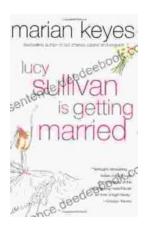
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