

Super Good Cookies For Kids: A Step-by-Step Guide to Making Delicious and Nutritious Treats



Super Good Cookies for Kids by Marguerite Henry

★★★★☆ 4.8 out of 5

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Looking for a fun and easy way to make delicious and nutritious cookies for your kids? Look no further! This step-by-step guide will teach you how to make super good cookies that your kids will love. With simple ingredients and a little bit of time, you can create a batch of cookies that are both tasty and wholesome.

Ingredients

- 1 cup (2 sticks) unsalted butter, softened
- 3/4 cup granulated sugar
- 3/4 cup packed light brown sugar
- 1 large egg
- 1 teaspoon vanilla extract
- 2 1/4 cups all-purpose flour

- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup semisweet chocolate chips
- 1 cup chopped nuts (optional)

Instructions

1. Preheat oven to 375 degrees F (190 degrees C).
2. Line a baking sheet with parchment paper.
3. In a large bowl, cream together the butter, granulated sugar, and brown sugar until light and fluffy.
4. Beat in the egg and vanilla extract.
5. In a separate bowl, whisk together the flour, baking soda, and salt.
6. Add the dry ingredients to the wet ingredients and mix until just combined.
7. Stir in the chocolate chips and nuts, if desired.
8. Drop the dough by rounded tablespoons onto the prepared baking sheet, spacing them about 2 inches apart.
9. Bake for 10-12 minutes, or until the edges are golden brown and the centers are set.
10. Let the cookies cool on the baking sheet for a few minutes before transferring to a wire rack to cool completely.

Tips

- For a chewier cookie, bake for 12-14 minutes.
- For a crispier cookie, bake for 10-12 minutes.
- If you don't have parchment paper, you can grease the baking sheet with butter or cooking spray.
- You can add any other ingredients you like to these cookies, such as raisins, dried cranberries, or chopped apricots.
- These cookies can be stored in an airtight container at room temperature for up to 3 days.

Enjoy!

These super good cookies are the perfect treat for kids of all ages. They're delicious, nutritious, and easy to make. So what are you waiting for? Give them a try today!



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